



Tamid's Seven Step Plan to Write a Bar/Bat Mitzvah Speech

Sharing your ideas about Judaism and your transition from childhood to adulthood is a significant moment in your ceremony. Here are seven steps to help write your speech.

- Step 1: Greet everyone with "Shabbat Shalom."
 - Step 2. What are your favorite Jewish holidays or Jewish experiences and why?
 - Step 3. Why is it important to you to be Jewish?
 - Step 4. What is significant to you about your bar/bat mitzvah?
 - Step 5. Include a recap of your Torah portion (ask your tutor or rabbi)
 - Step 6. What are your hopes, goals, dreams, for your future?
 - Step 7. Thank parents, siblings, teachers, friends, etc. End with "Shabbat Shalom!"
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Commonly Asked Questions

1. **How long should my speech be?** *Approximately two double spaced pages*
 2. **Where do I find the information?** *For steps 2, 3, 4, you can discuss these questions with your teachers, rabbis, parents, and friends. You can look online or speak with your family to see what other kids your age have to say. There are no right or wrong answers, just write from your heart.*
 3. **Where do I find the recap of my Torah portion?** *Your tutor or rabbi will provide this for you. Feel free to copy and paste the text straight into your speech*
 4. **When is my speech due?** *Once you have written your speech, please send your rabbi and tutor an email that lets them know it is available in the shared google doc. After they edit your speech, please have your parents "sign-off" on the final copy about two weeks before the date of your ceremony.*
 5. **How do I prepare to deliver my speech at the ceremony?** *Read your final speech aloud to other people about 5-10 times for practice. Read slowly and clearly. And please bring a printed copy to your ceremony!*
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Good luck. We are so proud of you!